

# **Diana Vlad**

878 Aurelias Place, Pensacola FL, U.S.

**Phone:** 8506860633 | **Email:** ddiavlad@gmail.com

---

## **EDUCATION**

**Bertha von Suttner Gymnasium High School (Germany)     June 2015**

**University of West Florida – Bachelor of Arts – International Studies     May 2019**

**University of West Florida – Health Promotion     August 2018**

**Certified Fitness Trainer – Diploma 2020**

**Sports Nutrition Business – Diploma 2020**

---

## **SKILLS SET**

- **Graduated with a 3.28 GPA while participating on the UWF Tennis Team.**
  - **Ability to organize and prioritize schedule along with practices and tennis coaching.**
  - **Ability to speak four languages: Romanian, English, German, Spanish.**
  - **Experience in working with various age groups of athletes.**
  - **Ability to plan and prioritize.**
- 

## **WORK EXPERIENCE**

- **Worked as organizer for multiple international tennis tournaments (2013 – 2016).**
  - **Fitness and Conditioning Coach at Stoltenkamp Tennis Academy 2019 – present.**
  - **Travelling/ hitting coach for international tennis players.**
  - **Travelling/ hitting coach for numerous highly ranked South African tennis players of various age groups.**
- 

## **HONORS AND AWARDS**

- |   |                                  |
|---|----------------------------------|
| • <b>Gulf South All Conference Team</b>   | <b>Spring 2017</b>               |
| • <b>Dean's List Recognition</b>          | <b>Fall 2017 - Spring 2019</b>   |
| • <b>Gulf South Conference Champions</b>  | <b>Spring 2016 - Spring 2019</b> |
| • <b>Runners Up National Championship</b> | <b>May 2018</b>                  |
| • <b>GSC Spring Academic Honor Roll</b>   | <b>2018</b>                      |
-

---

## **EXTRACURRICULAR ACTIVITIES**

- **Member of the UWF Women's Tennis Team**
- **Practicing development of fitness plans.**
- **Developed a great interest in nutrition.**
- **Developed a healthy and balanced lifestyle.**
- **Doing research and courses on fitness and nutrition.**

**2015-2019**

---